



SAISONKALENDER

Allns to sien Tiet

MÄR APR MAI JUN JUL AUG SEP OKT NOV DEZ JAN FEB

	MÄR	APR	MAI	JUN	JUL	AUG	SEP	OKT	NOV	DEZ	JAN	FEB
CHAMPIGNONS	●	●	●	●	●	●	●	●	●	●	●	●
FELDSALAT	●	●	●	●	●	●	●	●	●	●	●	●
RHABARBER		●	●	●								
SPARGEL		●	●	●								
SALATGURKEN		●	●	●	●	●	●					
KOPFSALAT		●	●	●	●	●	●	●				
RADIESCHEN		●	●	●	●	●	●	●				
SPINAT		●	●	●	●	●	●	●	●			
RUCOLA		●	●	●	●	●	●	●	●			
KOHLRABI			●	●	●	●	●	●	○			
ENDIVIEN			●	●	●	●	●	●	●			
ERDBEEREN			●	●	●	●	●					
MANGOLD			●	●	●	●	●	●				
RETTICH			●	●	●	●	●	●	●			
STANGENSELLERIE			●	●	●	●	●	●	●			
DICKE BOHNEN				●	●	●						
ZUCKERERBSEN				●	●	●						
KIRSCHEN				●	●	●						
ZWIEBELN	○	○	○	●	●	●	●	○	○	○	○	○
EISSALAT				●	●	●	●					
TOMATEN				●	●	●	●	●				
KARTOFFELN	○	○	○	●	●	●	●	●	○	○	○	○

	MÄR	APR	MAI	JUN	JUL	AUG	SEP	OKT	NOV	DEZ	JAN	FEB
MÖHREN	○	○	○	●	●	●	●	●	●	○	○	○
BLUMENKOHL				●	●	●	●	●	●			
BROKKOLI				●	●	●	●	●	●			
KOPFKOHL	○	○	○	●	●	●	●	●	●	○	○	○
JOHANNISBEEREN					●	●						
STACHELBEEREN					●	●						
HEIDELBEEREN					●	●	●					
HIMBEEREN					●	●	●					
SCHMORGURKEN					●	●	●					
ZUCKERMAIS					●	●	●					
BOHNEN					●	●	●	●				
ZUCCHINI					●	●	●	●				
FENCHEL					●	●	●	●	●			
ROTE BEETE	○	○			●	●	●	●	●	○	○	○
PORREE/LAUCH	●	●			●	●	●	●	●	●	●	●
PFLAUMEN						●	●					
HOLUNDER						●	●					
PAPRIKA						●	●					
BROMBEEREN						●	●	●				
ARONIA						●	●	●				
KÜRBIS	○					●	●	●	○	○	○	○
KNOLLESELLERIE	○	○				●	●	●	●	○	○	○
BIRNEN							●	●	○	○	○	○
ÄPFEL	○	○	○	○	○	○	●	●	○	○	○	○
PASTINAKEN	○						●	●	●	○	○	○
SCHWARZWURZELN	○	○					●	●	●	○	○	○
QUITTEN							●	●				
GRÜNKOHL							●	●	●	●		
ROSENKOHL							●	●	●	●	●	●
CHICORÉE	●						●	●	●	●	●	●



ERNTZEIT ●
LAGERWARE ○

MEHR INFOS UNTER WWW.ZEHN-NIEDERSACHSEN.DE/SAISONKALENDER

